



RED VELVET CHEESECAKE SHAKE

NÜTRIR[®]
PREBIOTICS

POWERED BY



Scrumptious, but ridiculously good for you, this decadent shake has all the posh of red velvet cake, but all the protein of a muscle booster. Go morning!

INGREDIENTS

- 12 oz. liquid of your choice
- 1 scoop NÜTRIR[®] Prebiotics Vanilla Protein Shake
- 1 1/2 T unsweetened cocoa powder
- 1 1/2 T cheesecake pudding mix
- 1/2 t butter extract
- 1 cup ice

INSTRUCTIONS

- Add liquid to blender.
- Add NÜTRIR[®] Prebiotics Vanilla Protein Shake and all other ingredients.
- Blend on 'Smoothie,' or on high/pulse until smooth.
- Top with whipped cream and sugar free chocolate chips, if desired.
- Serve and enjoy!

Makes 1 serving

NOTE: Caloric and nutrient values will vary.

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