



CHOCOLATE PEPPERMINT SHAKE

NÜTRIR[®]
PREBIOTICS

POWERED BY



This tastes like a chocolate mint patty. Seriously. But it also packs a meal's worth of protein and a wealth of prebiotics, so what's not to love?

INGREDIENTS

- 12 oz liquid (milk, almond milk, or another of your choice)
- 2 scoops (1/2 c) NÜTRIR[®] Chocolate Protein Shake
- 9 ice cubes
- 1 tsp peppermint extract

INSTRUCTIONS

- Add all ingredients to blender in order listed
- Blend on 'Smoothie,' or high/pulse for 45 seconds until smooth
- Serve and enjoy!

Makes 1 serving

NOTE: Caloric and nutrient values will vary.

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